PLENARENO



ANES 2026

May 18-19, 2026



The Athens Gate Hotel
Greece

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ABOUT **PLENARENO**

Plenareno is committed to providing the participants with the highest quality and professional networking with the key investigators and clinicians.

Driven by the core values of "Transforming Ideas into Vision" by harnessing the opportunities in various fields for the reformation in the society. Providing exclusive annual proceedings and plenary sessions for the physicians, researchers, and business delegates to discuss & conclude the latest developments in the corresponding areas. Networking with experts benefits in many ways: To receive feedback from experts on your research; opportunity to learn about research findings before it is published in Journals; opportunity to collaborate in turn improving the research findings. Each Conference connects the people with advanced information and meets the concept & audience need. Attending Plenareno conferences provides a tremendous opportunity for graduate students and early-career researchers to discuss and network with the leading researchers in your respective domains that would normally not be easily reachable to them.



Plenareno Networking will show you how to capitalize on your expertise and experience while meeting thought-provoking research leaders in your respective domains. The programs are designed with Plenary sessions and workshops with experts during the conference days enhancing multiple opportunities for researchers from all over the globe to discuss their research as well as career progress. Plenareno and the experts consider this as an act of giving back to the research community to prepare the next generation of researchers for success. The Plenary Sessions provide informal discussions of work-in-progress, theoretical problems, practical issues, future directions, or career suggestions among participants and leading experts.



Scientific Program

Day 1

09:30 - 09:55

Oral: A curious case of false safety: A misleading surgical drain

- Dr. Anita Lukic, Varazdin General Hospital, Croatia

09:55 - 10:20

Oral: ERAS protocols in general and their application in bariatric surgery

- Dr. Marta Treneva Nicevska, University Clinic Center - Skopje, North Macedonia

10:20 - 10:40

Refreshments Break & Group Photo

10:40 - 11:20

Interactive Workshop: Reducing postoperative Delirium in children: A data-driven quality improvement approach using dexmedetomidine

- Dr. Sanja Golubić, Re-Medika Hospital, North Macedonia

11:20 - 12:20

Special Session: From clinical need to AI-Driven risk stratification. The CARDIOCARE approach to cardiotoxicity and quality of life

Chairs

Dr. Dorothea Tsekoura, Aretaieio University Hospital, National and Kapodistrian University of Athens, Greece

Prof. Dimitrios I. Fotiadis, University of Ioannina, Greece

Presenters

Clinical need addressed by the CARDIOCARE project

Vasilina Themelidou, Aretaieion Hospital, Greece

Non imaging risk stratification models for cardiotoxicity and quality of life

Dr. Aggeliki Botoni, University of Ioannina, Greece

Sensor based risk stratification models for quality of life

Dr. Giannis Kyprakis, Hellenic Mediterranean University, Greece

12:20 - 12:40

Oral: Evolution and clinical practice of perioperative Transesophageal Echocardiography

- Dr. Andreas Andreou, Frisius Medical Centre, Netherlands

12:40 - 13:00

Oral: Artificial intelligence in regional anaesthesia

- Dr. Fani Alevrogianni, KAT Attica General Hospital, Greece

13:00 - 13:45

Lunch Break & Networking

13:45 - 14:20

Keynote Talk: Redefining boundaries in cardiothoracic surgery

- Dr. Maria Kalliopi Konstantinidou, Hygeia Hospital, Greece

14:20 - 14:35

YRF: Sudden complete atrioventricular block during endovascular AAA Repair: A case requiring emergency temporary pacing

- Dr. Diolina Qejvani, General Hospital Saint Sofia, Bulgaria

14:35 - 14:50

YRF: The impact of PSVT on patient's daily life and QOL in between episodes

- Dr. Rishabh Kumar Sehra, Duke University, USA

14:50 - 15:05

YRF: Anesthetic management of a patient with Lyell Syndrome treated with therapeutic plasma exchange: A case report

- Zuzanna Mirowska, Medical University of Łódź, Poland

15:05 - 15:20

YRF: Comparing total intravenous anesthesia and inhalational anesthesia for colorectal cancer surgery: A systematic review of intraoperative outcomes
- Natasha White, Green Templeton College, University of Oxford, United Kingdom

15:20 - 15:40 **Refreshments Break**

Day 2

09:30 - 10:00

Virtual Talk: Stent thrombosis in acute coronary syndrome: Risk factors and individualized prevention strategy
- Prof. Bodnia Sergey Vadimovich, State Healthcare Institution of the Republic of Crimea "Dzhankoy Central District Hospital", Russian Federation

10:00 - 10:30

Virtual Talk: Beyond weight loss and diabetes control : GLP1 agonist's role and paradigm shift in cardiovascular care
- Dr. Syed Raza, Alwali Hospital, Bahrain

10:30 - 11:00

Virtual Talk: Preoperative risk factors and corrective medication there of for the success of operations and the reduction of postoperative complications in middle-aged and senior patients
- Dr. Edina Bilic Komarica, Clinical Center of Sarajevo, Bosnia and Herzegovina

11:00 - 11:30

Virtual Talk: Predictors of clinical outcomes of recanalization of cerebral arteries in patients with ischemic stroke
- Prof. Bodnia Sergey Vadimovich, State Healthcare Institution of the Republic of Crimea "Dzhankoy Central District Hospital", Russian Federation

11:30 - 12:00

Virtual Talk: Sedation vs NMBA in deeply comatose peri-arrest patients
- Dr. Lidija Boshnachka-Panchikj, Al Amiri Hospital-SAAC, Kuwait

12:00 - 12:30

Virtual Talk: From catheter to heart: Giant right atrial thrombus and concomitant cardiac surgery as Gold Standard Treatment
- Dr. Arber Aliu, University Hospital Center "Mother Theresa", Albania

12:30 - 13:15 **Lunch Break**